

The BETWEEN-US

Monthly Newsletter of the Greater Milwaukee Central Office, Inc.

Welcoming Newcomers and Aiding AA Groups in Our Community.

Grapevine Online Exclusives June 2026

Light As A Feather

By: Zach F. | St. Petersburg, Fla.

Finding a path to God showed him the way to true sobriety

I tried to kill myself when I was 24 years old. I lived alone and was skating by on my rent payments because my landlord was permitting it. All I knew how to do was drink alcohol. I'd wake up, take a car service to a liquor store to buy my necessary beverages, and get another car to take back home so I could carry out my "pitiful and incomprehensible demoralization," as the Big Book says.

My life had gotten to a point where my isolation and despair were fully accompanied by my lack of belief in a Higher Power. Over time, my spiritual bankruptcy had evolved into full blown atheism. Growing up I had "educated" myself into a sort of atheistic belief system that manifested as cynical indifference, ego-at-large, and crushing other people's spiritual beliefs, because it made me feel better about myself. I was the kid in Catholic private school telling the other kids that God wasn't real. I wasn't very popular with my friends' parents. By the time I was 11 my mind was made up. God wasn't real.

So, what's next? If God wasn't real, the way I saw it, I could do whatever I wanted. I didn't have to listen to my parents. I could lie, cheat, steal, and manipulate all I wanted. I could watch the Joker in the Dark Knight cause mayhem and destruction and be inspired by it. In fact, the archetype that his character was built on was my Higher Power for a time. His cunning madness was genius. I wanted to be like that.

There is a fine line drawn between atheism and nihilism. Atheism is believing in no god. Nihilism is denying any sort of meaning to existence as we know it. It is both contemplation and admiration of the void. Nothing is real. My ego had me convinced that I had gotten everything I needed out of the human experience. This contributed to my disease in a very particular way because I thought that if there is no meaning to life, and I have no personal purpose or utility to society, then I might as well just kill myself.

When I came into AA I read in "We Agnostics" the question, "Who are you to say there is no God?" That cut me deep. I did

know that I wasn't God. I knew that I had ruined my own life and tried to end it for good. So, I could start there. "A Power greater than myself" was another thing I read and heard about. As the cerebral, over-thinking type, I wanted so badly to put my hands around this God concept. Then I heard people share about surrender and humility. What could those words mean in the context of getting sober? Quit fighting and puncture the ego. Get a sponsor, work the Steps, and God will contact you. The first three Steps were crucial to me. If I admit that I'm powerless I'm already implying that there is something out there that has the power. Restore me to sanity? Surely I was insane because I thought the Joker was brilliant--and he's insane. Turn my will and my life over? This doesn't mean I can get lazy and procrastinate. I still operate on the planet while doing the footwork, but the results of my endeavors are out of my control.

In Step Three of the Twelve and Twelve, it refers to faith at the level of everyday dependence. When I turn on a light switch there is no thought process behind it. I know that if I flip it, the light will come on. Ah! That's how faith in my Higher Power must work. This Higher Power can keep me sober. When I am faced with the choice to either run and hide in shame and embarrassment or face my fear and pray to God, I now know which to choose.

I have personally felt God's touch. It makes me feel light as a feather and is a high in and of itself. In my sobriety I have spoken at numerous meetings and taught classes at a rehab. Opportunities to tell my story are my favorite things to do. I'm liable to let ego take over, but I know that if I pray beforehand then whatever I say is in God's will. And being in God's will is the way I want to live.

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May 2026 | Featured Section

How I Do It

By: Aaron H. | Bishop, California

Here's my take on the Steps in my own language. Feel free to ignore it.

Step One says I have a problem with alcohol and, as revealed later, lots of other stuff. I need help with all of it. That's it. In Step Two I

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(Steps: Continued from page 1)

came to the realization that there's a solution to that problem and that I am not the solution. That's it.

In Step Three I decide to act on that solution. In Step Four I make a catalog of what in my life is and is not serving me at this point in my life. The contents of the catalog evolve over time, though the catalog generally includes more descriptions of emotion and behavior than anything else.

I find it best to flag the people I may have harmed along the way for use later in Step Eight when I'm more prepared to handle such things. It's important not to jump too far ahead. I destroyed one particular relationship by trying to make amends right after Step Four before even checking with someone else about it first. It's often helpful for me to return to Step One at this point and make sure I'm clear on Steps One, Two and Three, and that Step Four is as thorough as I can make it before proceeding.

In Step Five I get an outside audit of that catalog, thereby breaking isolation and verifying honesty. After all, I came to the realization in Step Two that I don't have all the answers. In Step Six I ask for guidance from someone other than me as I set a personal design for who I want to be and how I want to behave in light of those things I identified in Step Four that no longer serve me. In Step Seven I begin my journey of doing my best to act in accordance with my design.

In Step Eight I prepare to clean house. I return to my recently audited catalog. I highlight the people and institutions I may have harmed, review the list with my sponsor or trusted advisor for actual harms done—while removing my ego from the equation. I then set a plan to make restitution or repairs to those relationships. In Step Nine I execute that plan. In Step Ten I continue the journey of Step Seven, making adjustments along the way as needed to the design, promptly making direct (face-to-face whenever possible) amends when appropriate.

In Step Eleven I ask for direction, and I open myself to hear or feel it. In my current morning prayer I ask my Higher Power for help to stay sober and to direct my thinking and to save me from my specific character defects so I may be of help to others. I ask for help to stay sober. I do not ask for something to keep me sober, as it would be me and me alone that would pick up that first drink, and I don't need something or someone to blame that terrible decision on. My meditation practice lately includes hikes in the solitude of the great outdoors, as I find the natural beauty helps me open myself to guidance if and when it comes.

In Step Twelve, with the experience of the Steps and the program and Fellowship of AA, I practice being a useful member of the Fellowship and of society at large.

That's what works for me. Do as you wish with it.

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May 2026 | How the steps changed my life

Unmanageable

By: Daisy C. | Mesa, Arizona

My car was backed into by a pizza delivery truck as I was rushing through a parking lot on my way to meet a friend for brunch—late as usual. The young man driving didn't have a license or insurance, only a state issued ID. I didn't call the police because, though it was only 11:30 a.m., I was already quite drunk. This was usual for me, daytime drinking and driving and having to drink to prepare for every occasion. I turned over my insurance information and carried on with my meetup, leaving my damaged vehicle in the parking lot without a real care of the consequences.

When I sobered up I went to see how my car looked with a crushed headlamp and fender. I wasn't covered for collision and felt sorry for myself. What was once a cute car now was a wreck. This new damage to my car was added to an already unrepaired cracked windshield and scratches up both sides from running into brick pillars in my carport. There were sheet metal screws holding the fender on and a driver's side view mirror housing that was scratched and dented that occasionally dropped off when I slammed the door. Duct tape holding the headlamp in place was the final eyesore on this very mistreated vehicle. I was unwilling to fix the car and my insurance went up. Over time I just got used to it.

Years later after I got sober, I was at an AA meeting and overheard someone describing my car as a "real alcoholic's car." I cringed at being the butt of a joke. While I had found my way to sobriety, I hadn't fully reckoned with my past yet. It took more looking at myself and my behavior through Fourth Steps to realize that my car was evidence of my drinking journey. I eventually made peace with the past and drove the car for another few years, learning to accept myself.

As I began to learn in AA to take responsibility for myself, I looked at how I wasn't a cooperative participant in my own life. As I continued to drive that wreck of a car, I reflected on my old behavior. My car was evidence of the lack of care I put into myself. Rather than ducking and running from the truth, I accepted myself and prepared the way for a new vehicle to come into my life, one that would reflect the more responsible me that was developing every day in AA. I learned that I had distorted views of how life "should" be. I came to know that accepting life on life's terms would be my path to freedom.

I now have a new vehicle and my vision is clearer. I'm able to see how my life has improved when I practice the Steps and fully participate in my recovery.

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December 2013

Scared to Be Seen

By: Anonymous

A newcomer gets assured right away about anonymity in AA

TRADITION TWELVE: Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

At my first meeting I was full of fear and ashamed of being an alcoholic. I would have surrendered several years earlier had it not been for my inflated ego that kept me from accepting the fact that I could no longer drink like a normal person. Alcohol, which had been my friend for the first 10 years of my drinking career, turned into a dangerous enemy during my last five.

Paradoxically, in spite of my low self-esteem, my sick inflated ego tried to tell me at that first meeting that I was somebody special and therefore should look for more appropriate help elsewhere, rather than from a "leper colony." What if someone spotted me and advised my four remaining clients that their consultant was an alcoholic and not to be trusted? Furthermore, had I during my first weeks in AA heard participants in open AA meetings use last names, I would have used it as an excuse to run away from AA because to stay might lead to my anonymity being broken to the wrong persons.

Somebody at my first meeting, who looked vaguely familiar, but-tonholed me before I had time to sneak out. This man, Dennis, had apparently seen me visiting his company and noticed that I looked

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(Scared: Continued from page 2)

like I had an alcohol problem. He told me not to worry, that AA would protect my anonymity, and that the members of this group—an open meeting—were mostly white-collar workers who, because of their jobs and status in their community, had to keep their affiliation with AA a well-guarded secret. He informed me that at AA meetings people were told not to break anyone's anonymity, not even their own. The use of full names could be dangerous for professionals and definitely scare some newcomers away.

At the time I did not know that only a small percentage of first-time visitors actually stay in AA long enough to qualify for their first milestone: a three-month chip. Therefore, hearing full names could send publicity-shy persons back to continue their descent toward alcoholic unhappiness and death. Bill W. in his last message stated that, "The principle of anonymity must remain our primary and enduring safeguard."

Thanks to Dennis, I joined that group, found a sponsor and got support from his cronies. In the beginning, I needed and received a lot of stroking and positive reinforcement. Eventually, I understood that they did this to teach me that helping other alcoholics would help me to stay sober. My sponsor encouraged me to do service work, but warned me of the temptation to hide behind job titles to avoid working the program. He also pointed out that rigorous honesty with myself, the Steps, and helping others would eventually replace my inflated ego with humility, turn my low self-esteem into self-respect, and lead me to a happy and joyous life.

Some are sicker than others. Early on it was suggested that I seek psychiatric help. So I did. Luckily for me, I found someone who knew our Twelve Step program. He could read me like an open book. He even shocked me by pointing out that my choice of attention-getting neckties made me no different from other newcomers with odd-looking haircuts and bizarre clothes. According to him, such individuals had grown up in varying versions of loveless and dysfunctional homes. Prior to coming to AA we escaped into alcohol to dull our feelings of inadequacy and low self-esteem. This left a deep hole that craved to be filled with attention and stroking.

A third of a century ago I was told, "It will get better"—and it has. My wife of 24 years and I recently took our cakes together, celebrating 71 years of combined sobriety. Thanks to Alcoholics Anonymous, we live a happy and harmonious life one day at a time. And thank you Dennis, for making me feel safe when I first got here.

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March 1986

[Not Just a Technicality](#)

By: R. H. | Hollis, New York

Anonymity is a positive force, the glue that holds Alcoholics Anonymous together. Anonymity gives me the freedom to be just a member of a group, an alcoholic sharing with others the nature (spirit) of my disease, and recovery from it, without concern for status, finances, or many of the pitfalls that abound in other organizations.

Two things about anonymity are vitally important to me. One is that personally I am free to tell people that I am an AA member if it may serve a purpose in helping someone who has a problem with alcohol, whether it is the alcoholic or someone close to the alcoholic. Granted, it was perhaps a bit too soon, only a month after entering AA, to burble on to our minister that I was ready for any alcoholics he might know. Fortunately, for me, and any re-

flection on AA, sobriety stayed with me. There's an inner voice that tells me, sometimes after the fact, whether the disclosure was really to help or was an ego trip on my part. Gratefully, since then, several members of our church group have tried AA. Some are sober and others, although dry, are not going to meetings. Some are still "out there."

The second point concerns the public level. I have refused to go on national TV because the producer would not guarantee anonymity as I perceive it. On TV newscasts I have used my voice in the background for pictures of coffee cups, hands pouring coffee, etc., and I have spoken at many public information meetings.

But there is no question in my mind, contrary to the feelings held by some other AAs, that going full face on TV, even though using the term "recovered alcoholic," is not being anonymous. There are many who have commented after one of our well-meaning friends has gone full face on TV as a recovered alcoholic, "Oh, I see so and so is in AA," and when I ask, "Did he say that or did he say he was a recovered alcoholic?" the response has been, "Well, you know, that's just a technicality."

Can we be technical about the spiritual foundation of the program? In my mind the answer is "no."

And what about my ego if I go full face on TV? I'd be looking around for a place to buy a tape of the show, or even better get a freebie. Better for me and my sobriety to let that one alone. Better for AA if we let the spiritual principles of our Fellowship be discussed freely by anonymous members. Personal contact from an AA member is still the most effective way of attracting alcoholics, and I believe that disclosure of AA membership in our private lives will do more to dispel the stigma of being an alcoholic than going full face on TV will.

As a member of AA I can only share what drinking did *to* me and what AA has done *for* me. I have a responsibility as an AA member to foster this Fellowship, and to pass it on in at least as good a condition as it found me.

To me, the whole program is a spiritual entity vibrating throughout the world, unfettered by theological terminology, language barriers, and geographical boundaries. It has renewed my life and for nearly twenty years has been my leading interest. Through its power, living has been made manageable. In return I respect the spiritual essence of anonymity at the public level, but am always willing at any other time and place to pass on to others the message of recovery--so hard won by our founders, and so freely given to me.

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November 2019 | Grapevine Classics

[Smarter phones](#)

By: Hal W. | Berwyn, Pennsylvania

Texting and posting can be tricky when it comes to anonymity. There are guidelines that can help

Tradition Eleven: *Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films.*

Anonymity, in my experience, is one of the most misunderstood aspects of our Fellowship. It was complicated for our cofounders, and technology makes it even more complicated today. Bill W. wrote Tradition Eleven and Dr. Bob clarified anonymity in *Dr. Bob and the Good Oldtimers* at a time when there were no com-

(Phones: Continued on page 4)

puters and smartphones. What would they say about anonymity today? How anonymous should I be in this era of social media?

There is an answer to that. AA published some “Guidelines on the Traditions and the Internet.” It’s available on aa.org. There is a section in these guidelines on social networking sites. Briefly, the guidelines state that someone “using their full name and/or likeness such as a full-face photograph, would be contrary to the spirit of the Eleventh Tradition.” It goes on to suggest that “it is in keeping with the Eleventh Tradition not to disclose AA membership on social networking sites, as well as any other website, blog, electronic bulletin board, etc., unless composed solely of AA members and password protected.”

My belief is that Tradition Eleven (and specifically the part about “press, radio and films”) meant “media.” There are two reasons why the idea of “media” is important: 1) this kind of communication is recorded and can be played back or retrieved. And 2) it is transmitted to a lot of people, some of whom may not understand AA and our Traditions.

My approach is: If I can be personally identified as a member of AA on social media, it’s a violation of Tradition Eleven. So for example, if I post something online that identifies me as an AA member, I consider that to be a violation of the Traditions. My social media posts are recorded; they are available for all time and are easily retrievable by anyone who really wants to find them. Things that I posted 10 years ago are still there. So I do not post anything about my membership in AA on any social media sites. Also, I need always to look at my ego and ask myself why I am posting whatever I’m posting.

But at the same time, I also need to ensure that I am not “too anonymous.” I do my best to be available whenever “anyone, anywhere, reaches out for help.” My name, telephone number and email address are well known to my home group members and in my local AA community. People can easily find me if they need.

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Alcoholics Anonymous has a long-standing principle of anonymity that is addressed in its Eleventh Tradition:

“Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.”

Because the Tradition was written before the internet, AA has since issued guidance extending this principle to modern media.

AA’s Current View on Social Media

AA generally considers publicly accessible social media platforms—such as Facebook, Instagram, X, YouTube, TikTok, podcasts, blogs, and similar services—to be the modern equivalent of “press, radio, and films.”

The guidance is:

- AA members should not identify themselves publicly as AA members using their full names.
- Members should not appear in public media as AA spokespeople while revealing their full identity as AA members.
- Anonymity helps protect both the individual member and AA as a whole.

Members are free to discuss their recovery pub-

licly, but AA suggests they not reveal their full name in connection with AA membership.

Why AA Values Anonymity

AA literature gives several reasons:

- It places principles before personalities.
- It prevents individuals from becoming public representatives or celebrities within AA.
- It protects members from stigma or unwanted publicity.

It reminds members that recovery is a collective effort rather than an individual achievement.

What Is Usually Acceptable

Examples often considered consistent with AA Tradition:

- Using first name and last initial (e.g., “Dan F.”).
- Speaking at an AA meeting that is recorded for AA members.

Participating in an AA-related social media group that is private or closed, while respecting the privacy of others.

What AA Generally Discourages

Examples that may conflict with the spirit of the Tradition:

- Posting publicly, “I’m John Smith and I’m a member of Alcoholics Anonymous.”
- Appearing on television or YouTube identified by full name as an AA member.
- Publicly identifying other people as AA members without their consent.

For the most current guidance, AA’s General Service Office publishes material on anonymity, including the pamphlet *Understanding Anonymity* and service material on social media and the internet. You can find them through [Alcoholics Anonymous World Services](#).

Many AA members summarize the principle this way: **“At the public level, I protect my anonymity and the anonymity of other AA members; within AA, I share openly as appropriate.”**

“Source: ChatGPT conversation, June 24, 2026.”

November 2025 | Early days of AA | Tradition eleven

Power of Example

By: Rob G. | Marmora, New Jersey

Newly sober, he was determined to bring a list of others in with him.

Luckily, he checked with some oldtimers

When I “came to” after being in AA for a short while, I made a list of people I knew who also needed AA. My dad was No. 1 on the list, as our family had known for decades that he had a drinking problem. It was a family secret. Soon my list grew to include cousins, aunts, uncles and friends.

I took the list to some oldtimers for assistance on how to get these

(Example: Continued on page 5)

(Example: Continued from page 4)

new potential members signed up and sober. I wanted them to get sober as much as I now wanted sobriety for myself.

The advice I got from these oldtimers was for me to be a “power of example.” It’s a program of attraction rather than promotion, they said. I should be an active AA member, stay sober, do the Steps and grow spiritually. Imagine all that for a drunken 23-year-old like me!

Well, that wasn’t good enough for me. I wanted something more concrete to say and do to convince these people to join AA and get sober. If I only said or did the right thing, I thought, they would get sober like me.

“It doesn’t work like that,” said the oldtimers. Over and over, they kept telling me to just be a power of example. It’s not about who needs it but who wants it, they kept saying. I wasn’t happy with this advice, so I kept asking other AAs. I was determined to get an answer that involved some action on my part to sober these people up. But the advice I got never wavered. They told me to be a power of example. You AA people are consistent, if nothing else.

Time passed without anyone on my list getting sober except me. My cousin Tom died tragically in a car accident while drinking and driving. He was six houses from home when he hit a tree and was put on life support. I was awakened in the middle of the night by the police knocking at my door. They needed me go to the hospital and identify him. If only I had been able to get him sober, he would be alive today, or so I thought. AA soon corrected that thinking, too, when I was told that the alcoholic who continues to drink faces three options: jail, institutions or death. The longer I stayed sober in AA, they said, the more I would see that we walk over the bodies. What? Sadly, that’s been true.

Then one day, I got a call from my dad. He had been asked to leave his home and family business in Florida because his drinking got so bad. My mom, brother and sister-in-law had enough of his behavior. He came to stay with me and my family in New Jersey to sober up. I took him to his first AA meeting to meet my AA friends. What a relief. Everyone welcomed him in and showed him how to get sober. He was able to stay sober and move back home to continue his journey in AA until he died a year later of lymphoma. AA was right there by his side when he died. He was a power of example.

Thank you, AA, for keeping the promise of always being there for those of us who want it. If you want what we have, do as we do, we say. Thirty-five years later, I still try to carry the message of AA by doing just that—being a power of example to others.

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November 2024 | The Gift Of Gratitude

To Booth or Not to Booth

By: Alex M. | Louisville, Kentucky

Tradition Eleven says our public relations policy should be based on attraction rather than promotion, which seems like a fairly straightforward suggestion.

However, the Tradition was put to the test at one of our Intergroup business meetings, which is regularly attended by more than 100 fired-up, opinionated, vocal alcoholics, after someone made a proposal to host and fund an AA literature booth in the healthcare section of our upcoming State Fair.

After the motion was made, there was a prolonged and heated discussion on what attraction vs. promotion meant. About half the members argued that having an educational booth with pamphlets should not be undertaken because that would be publicly promot-

ing AA. And an equally boisterous group of members thought the booth was educational in nature and that we had an obligation to let the public know about our recovery program. They argued that even though AA members are anonymous, AA itself is not.

The difference in viewpoints became a contentious issue. Opinion, testimony and passionate debate ensued for months. To add fuel to the fire, some members were afraid the volunteers manning the booth might be recognized, which would violate their personal anonymity. In short, this dispute was a mess. Hard feelings surfaced on both sides.

Eventually, we made the decision to go forward with the project, since more members believed that having a booth would be more educational than promotional and that some of the thousands of people attending the State Fair might be attracted to learn more about AA for themselves, their friends or their families.

You would have thought the issue was settled, but every year when Intergroup members must decide whether or not to make the effort and spend the money to host a booth at the State Fair, the same squabble erupts all over again, with the same result, based on the same Tradition.

All I can say is thank goodness our Traditions don’t change. They continue to provide a channel to guide our well-intentioned but often contentious Fellowship.

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November 2018

Even in a bar

By: Carolyn I. | Oregon

Early in my sobriety, I was given a very personal understanding of the importance of anonymity.

Having been put through a sobering-up program by my employer, I had a six-month chip in my pocket. Yep, I was sober for six months. I had lost some weight and bought myself some new, lady-like clothes. One day I looked so good, I decided to skip work along with some meetings and go back to my old hangout so my friends could see how much of a lady I had become.

It wasn’t a fancy place, this bar. No fancy drinks. I drank there in the mornings when it reeked of the previous night’s cigarette smoke, puke and pine cleaner used to mop every night with the same dirty mop. Oh, yes, and the dirty curtains hung in the doorways to keep the daylight from bothering the customers.

I walked in the bar and there they were, my friends. All four of them. So I ordered myself a beer. A cheap beer. Thirty-five cents on tap. My old friends thought I looked good and they were glad to see me so I bought everyone a beer. As I settled into my own drinking, I showed the bartender my six-month chip and he responded, “Well, AA didn’t work for you, did it?”

That was my last drunk. My worst drunk. The next morning, the sun woke me up. I was lying in the street, next to the curb on a busy thoroughfare. I got up and walked back into that same bar and ordered another glass of rotgut from the same bartender (the morning shift).

“Haven’t you had enough?” he asked me.

“No,” I said. So he poured me another cheap beer. My new ladylike clothes were covered with grit, grime and tar marks from the street.

In the 35 years of my sobriety, I’ve often wondered how many people saw me that day. Was I their only example of how AA worked? ... Or did not work?

Thank God I’m not in charge of other people. This is my personal example of why anonymity is so important—even in a bar.

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AFTER PARTY

**The Ultimate After Party!
Sobriety Never Looked This Fun!**

**New AA Meeting
Every Friday Night at 8:30 PM
Starting June 5th**



**First English Church
401 W Main St**

**Whitewater WI - Rear Entrance
Closed Meeting**

**Come find your people, laughter,
support & new beginnings! One day at a time.**

3 Bucks In The Basket... Make it a Reality, not just a dream!



“Every AA group ought to be fully self-supporting, declining outside contributions.” Tradition Seven, Twelve Steps and Twelve Traditions,

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[Seventh Tradition Checklist](#)

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Or Contribute using **PayPal** or your **Credit Card** from our website.



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MILW. CENTRAL OFFICE

- E-mail us at: dan@aamilwaukee.com
Hours:
M - F 9 a.m. to 4:30 p.m.
Sat. 9 a.m. - 12 p.m.
- Board of Directors Meeting, in-person. Wednesday following 2nd Tuesday (odd months) 6:30 p.
- A. A. Meetings, Sun. at 9 a., Mon.- Fri. at 12:15 p., Sat. 9:15 a., & 10:30 a.
- Dist. 14 monthly meeting, 4th Wed. at 7 p.m.
- Dist. 16, monthly meeting 1st Thursday at 6:00 p.m.

Spanish Speaking Meetings:

Meeting at English Speaking Clubs

- Pass It On Club, 6229 W. Forest Home Av, Milw. GRUPO 5 CONCEPTOS, 7:00 P.M. Saturdays, Upstairs. And Viajeros Wisconsin, 7:00 P.M. Saturdays, in lower level.
- GRUPO NUEVO AMANECER, Tri-County Unity Club, 104 N. First St, Watertown, on Tuesdays and Fridays at 7:00 PM and on Sunday at 11:00 AM
- GRUPO FE Y ESPRONZA, Gratitude Club, 295 Ruggles St. Fond du Lac WI on Wednesday at 7:00 PM and Sundays at 4:00 PM

SAFETY CARD FOR A.A. GROUPS

(The General Service Office has made this optional statement available as an A.A. service piece for those groups who wish to use it.)

Suggested Statement on Safety

Our group endeavors to provide a safe meeting place for all attendees and encourages each person here to contribute to fostering a secure and welcoming environment in which our meetings can take place. As our Traditions remind us, the formation and operation of an A.A. group resides with the group conscience. Therefore, we ask that group members and others refrain from any behavior which might compromise another person's safety.

Also, please take the precautions you feel are necessary to ensure your own personal safety, for example, walking to your car in a group after a meeting. If a situation should arise where someone feels their safety is in jeopardy, or the situation breaches the law, the individuals involved should take appropriate action. Calling the proper authorities does not go against any A.A. Traditions and is recommended when someone may have broken the law or endangered the safety of another person.

Service Material from the General Service Office

All the groups listed in our meeting directory, should be contributing regularly to the support of your Central Office. We want to be here when anyone reaches out for help. A big thank you to everyone, for all you do.

Need to make a group or personal contribution? Use our **CONTRIBUTE** button on our website: aamilwaukee.com or use our your **VENMO app** from your smartphone.

Meeting Space Currently Available

- **DryHootch, 4801 W National Ave.** Space available various time of day and evening. Call Otis W. [414-336-6576](tel:414-336-6576)
- **Luther Memorial Church**, 2840 S 84th St. West Allis WI. Contact by email: prviviiane28@outlook.com
- **St Peter's Episcopal Church**, 7929 W Lincoln Ave, West Allis, Contact: Steve 414-543-6040 or email: christumc1@sbcglobal.net
- **Anchor Covenant Church** 1229 Park Row, Lake Geneva WI 53147, contact Laura, office@anchorcovenant.org

Redemptorist Retreat Center,

1800 N Timber Trail Lane, Oconomowoc, WI 53066, (262) 567-6900 Email: rrc@redemptoristretreat.org
Please call for information and schedule of retreats for recovering people. AA and AI-Anon, \$260 three nights. We discuss the 12 steps and related topics.

2026 Weekend Retreats

Jesuit Retreat House,

4800 Fahrwald Rd.

Oshkosh, WI.

WI 54901,

call 800-962-7330

jesuitretreathouse.org

Men and Women

in AA, AI-Anon

Total cost: 4 days \$440.00.

Send a \$75.00 deposit with requests for specific dates to retreat house or call for info.



Meeting Space Available to hold a weekly AA meeting that would be open to the public at this facility. We are located at **1706 S. 68th St. West Allis Wisconsin**. We have any evening open, and the times available would be between 3pm-8:00pm. If someone is interested in starting a group in our hospital my contact information is below. We are more than happy to provide coffee and snacks for this meeting.

Dan Gell, Chief Executive Officer: Office: 414-667-4813, Email: daniel.gell@uhsinc.com

DISTRICT MEETINGS

CORRECTIONAL INSTITUTIONS

COMPLETE DISTRICT INFORMATION ON THE WEB:

<https://www.area75.org/page/districtmeetings>

1. Jackson, LaCrosse, Monroe, Vernon & Trempealeau; 2 & 18 Green Lake & Marquette Counties & part of Waushara; 7. Kenosha; 17. Racine County; 8 & 30 Rock County; 9. Crawford, Grant, Iowa and LaFayette; 19 & 37. Richland & Sauk; 20, 21 & 26 Dane; 31. Columbia County; 35. Green; 37. Juneau County.

(Check the web address above for meeting info.)

3. MANITOWOC & SHEBOYGAN CNTY'S: 3rd Wed. of month, 6:30 p., Even numbered months at 1907 Club, 2908 N. 21st St., Sheboygan. Odd numbered months: Alano Club, 404 S 29 St Manitowoc

6. WALWORTH CNTY: 2nd Tue. 7:30 p. odd numbered months only, Walworth Alano Club, 611 E. Walworth St., Delavan

10. Spanish District. Contact: Salvador G. at 414-446-0158. Meets 1st Sunday 5 p.m. 1663 S. 6th Street, Milw.

11. JEFFERSON CNTY: Meets last Wed. at 5:30 p.m. Moravian Church, 301 College St., Lake Mills, or Zoom: 817 4085 9820, Password: 665473

12. WASHINGTON CNTY: 1st Wed. of month, 6:00 p., the Jackson Community Center N165W20330 Hickory Ln., Jackson, WI. 53037

13. WAUKESHA CNTY: 2nd Sunday of month, 1:00 p, St. Matthias Church, 111 E. Main, Waukesha

14. MILWAUKEE CNTY: 4th Wed. of month, 7:00 p, Milwaukee Central Office 7429 W Greenfield Ave., West Allis WI 53214

16. MILWAUKEE CNTY: 1st Thursday of month, 6:00 p, Milw. Central Office, 7429 W Greenfield Ave. West Allis WI 53214

23. DODGE CNTY: Last Sunday of month at 6:00 p, Dodge Cnty Alano Club, 115 N. Lincoln, Beaver Dam, call to confirm 920-583-3142

24. OZAUKEE CNTY: 3rd Tue. of month, except December at 6:30 p., Grace 242 Church, 249 Main Street, Thiensville, WI 53092.

25. FOND du LAC CNTY: 2nd Tue. of month, 5:30 p., Gratitude Club, 295 Ruggles St., Fond du Lac, WI.

27. MILWAUKEE CNTY: 3rd Wednesday of month at 7:00 P.M., the Zoom ID number is [824 0616 9567](https://us02web.zoom.us/j/6870109941?pwd=YVl4SVQzU3FaSE1rc3dzVmtxdFM4QT09) the password is 869 916. Covenant Lutheran Church, 8121 W Hope Ave, Milwaukee, WI 53222.

28. MILWAUKEE CNTY: 2nd Thursday of month, 7:00 p, Prince of Peace Lutheran Church, 4419 S Howell Ave, Milwaukee WI 53207.

29. MILWAUKEE CNTY: 1st Mon. of month, 7:00 p, Luther Memorial Church, 2840 S 84th St., West Allis, WI 53227

32. & 33 WAUKESHA CNTY: 4th Tuesday of month, 6:30 p, Meeting ID: [321 751 3275](https://us02web.zoom.us/j/3217513275), Passcode: [323232](https://us02web.zoom.us/j/3217513275)

34. WAUKESHA CNTY: 1st Tues. of month, 6:30 p, Northwest Area Alano Association, N88W17658 Christman Rd., Menomonee Falls. Join online at: <https://us02web.zoom.us/j/6870109941?pwd=YVl4SVQzU3FaSE1rc3dzVmtxdFM4QT09>

36. RACINE/KENOSHA: 2nd Tuesday of the month 6:00 p.m., 12 & 12 Club, 482 S Pine St., Burlington

38. MILWAUKEE CNTY: Last Sunday of month 4:00 p.m. Milwaukee Group Meeting Room, 933 E Center St. Milwaukee WI 53212

SEND ADDITIONS AND CORRECTIONS TO:

7429 W. Greenfield Ave, West Allis, WI 53214, dan@aamilwaukee.com

[Area 75, Southern WI, Calendar of Events 2025](#)

[Madison Senior Center,](#)

[330 W Mifflin St, Madison WI.](#)

[9 A.M. to Noon except where noted.](#)

[Summer Service Assembly](#) – June 22, at the [Madison Senior Center](#)

[International Conference](#) – July 3-6, in [Vancouver, B.C., Canada](#)

[Fall Service Assembly](#) – September 14, at the [Madison Senior Center](#)

[Area 75 Fall Conference](#) – November 7-9, at [Ingleside Hotel, Pewaukee, WI](#)

In-person meetings have started back up in the Area corrections facilities. Contact Fred K., Area Corrections Chair by email; corrections@area75.org for information on days and times of meetings.

For meetings at Milwaukee Area Correction facilities contact: Andrew K. at 262-239-6528 or email: mcccoordinator@gmail.com

- TAYCHEEDAH CORRECTIONAL, Fond du Lac, WI 54937
- OAK HILL CORRECTIONAL INSTITUTION: 5212 County Road M, Fitchburg, WI 53575
- WAUPUN CORRECTIONAL INSTITUTION, Waupun WI
- FOX LAKE CORRECTIONAL, Box #147, Fox Lake, WI 53933
- JEFFERSON COUNTY JAIL 411 S. Center St., Jefferson, WI,
- RACINE CORRECTIONAL INSTITUTION for MEN 2019 Wisconsin St, Sturtevant, WI 53177
- FEDERAL CORRECTIONAL Satellite Camp, Oxford, WI.
- THOMPSON FARM, RT. 2 DEERFIELD, WI.,
- ROBERT ELLSWORTH CORRECTIONAL, Union Grove, 53182
- KETTLE MORAINNE CORRECTIONAL, Forrest Dr., Plymouth,
- MILWAUKEE COUNTY HOUSE OF CORRECTION, 8885 S. 68th St. Franklin WI. Emily J. by Email: mcccoordinator@gmail.com
- MILWAUKEE COUNTY JAIL 9th & State Milwaukee WI. Emily J. by Email: mcccoordinator@gmail.com
- MILWAUKEE SECURE DETENTION, 1015 N. 10th St. Emily J. by Email: mcccoordinator@gmail.com.
- MILWAUKEE WOMEN'S CORRECTIONAL CENTER, 615 W Keefe Ave. Emily J. by Email: mcccoordinator@gmail.com

MILWAUKEE COUNTY CORRECTIONS COMMITTEE: meets IN-PERSON. Contact Andrew K. at 262-239-6528 or email: mcccoordinator@gmail.com for date and location. Donation can be sent to: MCCC, PO Box 270544, Milwaukee WI 53227-0544. Contact coordinator: Email: mcccoordinator@gmail.com with questions.

Corrections volunteers must go through the committee to get AA literature to take into the various facilities. Milwaukee Central Office no longer handles the funds.

ADDRESSES YOU MAY SOMEDAY WANT TO KNOW!

Milwaukee Central Office: 7429 W Greenfield Ave, West Allis, WI 53214 gmco@aamilwaukee.com

- **Area 75 Treasurer:** 6580 Monona Drive #1040, Monona, WI 53716
- General Service Office, P.O. Box 2407, James A Farley Station, New York, NY 10116-2407
- Area 75 Corrections@area75.org, Bridging the Gap/Treatment@area75.org or mail: 6580 Monona Drive #1062, Monona, WI 53716
- Area 75 Accessibilities Chairperson: accessibilities@area75.org
- **Southern Wisconsin Deaf Access Committee** : Email: milwareadeafaccess@gmail.com;

MEETING ROOMS

<p>NEW DAY CLUB 11936 N. Port Washington Rd Mequon, (262) 241-4673 www.newdayclub.org A.A. MEETING SCHEDULE</p> <p>Sun. 8:00 a. Topic 11:00 a. Topic 5:00 p. Young People 7:30 p. Topic</p> <p>Mon. 12:30 p. Tenth Step Gp 5:30 p. More about Alcoholism 8:15 p. Men's Gp</p> <p>Tue. 10:00 a. Topic 5:30 p. Big Book 8:00 p. Big Book Gp</p> <p>Wed. 10:00 a. Topic 2:00 p. Promises Meeting 5:30 p. Step Meeting 7:00 p. Women's Lifeline</p> <p>Thr. 10:00 a. Topic Meeting 1:00 p. Women's AA Gp 5:30 p. Topic Meeting</p> <p>Fri. 10:00 a. Topic Meeting 5:30 p. Step/Tradition</p> <p>Sat. 10:00 a. Step Meeting 5:00 p. Fellowship of Spirit 7:00 p. Feelings 10:00 p. Young People 7:00 p. Open Meeting (held on 3rd Saturday of month only)</p> <p>AL-ANON MEETINGS Monday 6:30 p. Al-Anon Tuesday 1:00 p. Al-Anon/ACOA Wednesday 7:00 p. ACOA Thursday 7:00 p. Al-Anon Contact club for information on other fellowships.</p>	<p>PASS IT ON CLUB 6229 W. Forest Home Ave Milwaukee WI (414) 541-6923 www.passitonclub.com A.A. MEETING SCHEDULE</p> <p>Sun. 8:00 a. Sun. Wake Up 9:30 a. Reliance Meeting 11:00 a. Today' choice 3:00 p. Gratitude Plus 7:00 p. Big Book Readers</p> <p>Mon. 7:30 a. Jump Start 10:30 a. First Step 4:00 p. Happy Hour Step Gp. 7:00 p. Open IntroductoryAA</p> <p>Tue. 7:30 a. Comin' Back Gp 10:30 a. Keep It Simple 4:00 p. Drop the Rock 6:00 p. Key To Sobriety Women's 7:30 p. Three Legacies 7:30 p. Double Trouble DD/O</p> <p>Wed. 7:30 a. Big Book Study 10:30 a. Pass It On 4:00 p. Happy Hr Promises 6:00 p. Courage to Change 7:00 p. We, Us & Ours</p> <p>Thr. 7:30 a. Welcome Back Gp 10:30 a. Made Decision 5:15 p. As Bill Sees It 7:00 p. Gateway Topic Gp</p> <p>Fri. 7:30 a. Honesty Gp. 10:30 a. Came To Believe 6:00 p. Women's Fri. Kickoff 6:30 p. Thoughts 4 Today 8:00 p. Broken Arrow 8:30 a. Early Bird 10:30 a. Happy Joyous Free 7:00 p. Viajeros Wisconsin lower level 7:00 p. 5 Conceptos upstairs 8:00 p. Back to Basics 12x12</p>	<p>LAKE AREA CLUB N60 W 35878 Lake Dr Oconomowoc, WI (262) 567-9912 www.lakeareaclub.com A.A. MEETING SCHEDULE</p> <p>Sun. 8:00 a. Early Bird 9:30 a. Literature Meeting 11:00 a. Friendship Gp 6:00 p. Big Book 8:00 p. Gopher Sunday 9:00 a. Positive Attitude 6:30 p. Otter Gp 8:00 p. Step/Tradition Study</p> <p>Mon. 1:00 p. 4:00 p. 7:00 p. Life House Beginners 8:00 a.</p> <p>Wed. 8:00 a. 10:00 a. Back To Basics 2:00 p. Women's Meeting 6:00 p. 8:00 p.</p> <p>Thr. 10:00 a. 4:00 p. 5:00 p. Woman's Way 12 Steps 6:00 p. Hybrid Meditation Mtng</p> <p>Zoom ID: 89239303536, PW: 999525</p> <p>Fri. 12:30 p. 4:00 p. 8:00 p. Old School House 10:00 a. Big Book</p> <p>OPEN AA/Al-Anon SPEAKER MEETING Sat. 7:00 p. 2nd & 4th Saturdays (AA and/or Al-Anon Speakers)</p> <p>AL-ANON MEETINGS Mon. 7:00 p. Al-Anon Tue. 9:00 a. Al-Anon Wed. 7:00 p. Al-Anon & Alateen</p>	<p>WAUKESHA ALANO CLUB 318 W. Broadway Waukesha, WI, 262-549-6541 http://www.waukeshaclub.com/ (IP)=In-person,</p> <p>Sun. 9:30 a. Sun Morn Sunlight (IP) 11:00 a. Sun Go-To-Mtng (IP)</p> <p>Mon. 12:00 p. (IP) 6:00 p. Beginners AA (IP) 7:00 p. (12 & 12) (IP)</p> <p>Tue.</p> <p>Wed. 12:00 p. Wed Nooners (IP) 5:30 p. Topic Gp (IP)</p> <p>Thr. 12:00 p. Nooners (IP)</p> <p>Fri. 12:00 p. T.G.I.F. Gp (IP)</p> <p>Sat. 6:00 a. Early Morning (IP) 10:00 a. Gp 124 (IP)</p> <p>OPEN MEETINGS, DANCES & EVENTS Call for information.</p>	<p>GALANO CLUB - LGBT & All in Recovery - 7210 W Greenfield Ave LL Milwaukee, WI 53214, 414-276-6936 http://www.galanoclub.org/ galanoclub@gmail.com</p> <p>(V)=Virtual, (IP)=In-person, (V & IP)=Both In Person and Phone Meetings Phone/Video AA Meetings, Call (978) 990-5195 Meeting Id: galano7210 Code: 1919178#</p> <p>Sunday: (V & IP) 10:30 a.m. - AA - Step / Topic Meeting (In-person/phone/video) 10:30 a.m. - Al-Anon - Papillion Group.</p> <p>Sunday: (V & IP) 4:00 p.m. - AA - Personal lead & Daily Reflections. Meeting (In-person/phone/video) 4th Sunday is Open Mtng.</p> <p>Monday: (V & IP) 7:30 p.m. - AA "Came to Believe" 12 Spirituality. (In-person/phone/video)</p> <p>Tuesday: (V & IP) 6:00 p.m. - AA Over and Under 40 Group (In-person/phone/video)</p> <p>Thursday: (V & IP) 7:30 p.m. - AA - Living Sober One Day at A Time In-person & Phone/video</p> <p>Friday: (V & IP) 10:30 a.m. AA Step & Topic</p>
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<p>NORTHWEST AREA ALANO ASSOCIATION* N88 W17658 Christman Rd Menomonee Falls WI 53051 (No Phone) Room 202 A.A. MEETING SCHEDULE (V)=Virtual, (IP)=In-person, (V & IP)=Both</p> <p>Sun. 10:00 a. Big Book Rm 202 7:00 p. Sun Night Gp Rm 202</p> <p>Mon. 7:00 p. Just Do It Gp Rm 202</p> <p>Tue. 10:00 a. Step 8:00 p. Topic</p> <p>Wed. 7:00 p. Step/Topic</p> <p>Thr. 10:00 a. Step 6:00 p. Women's</p> <p>Fri. 8:00 p. Step/Topic (V & IP)</p> <p>Sat. 10:00 a. Sat Serenity Gp 7:00 p. Simply Sober Gp Rm 202</p> <p>AL-ANON MEETINGS Wed. 7:00 p. Al-Anon Fri. 7:30 p. Al-Anon</p> <p>*This is a Smoke-Free environment. We have ample meeting space available for 12 Step groups. Contact the Northwest Alano Club by mail.</p>	<p>WALWORTH COUNTY ALANO CLUB 611 Walworth St. (Hwy. 50 & 11) Delavan, WI 53115, (262) 740-1888</p> <p>Sunday AA 10:00 a. Primitive Group 12:00 p. Open Speakers 6:30 p. Delavan Discussion</p> <p>Monday AA 7:30 a. Sunny Side Up 12:00 p. Delavan Step Meeting 6:30 p. Delavan Meeting</p> <p>Tuesday AA 7:30 a. Sunny Side Up 12:00 p. Delavan Noon Gp. 6:30 p. Delavan 12 Step Topic</p> <p>Wednesday AA 7:30 a. Sunny Side Up 12:00 p. As Bill Sees It Gp. 6:30 p. Delavan IT Meeting</p> <p>Thursday AA 7:30 a. Sunny Side Up 12:00 p. Delavan Noon Gp. 6:30 p. Delavan Big Book Gp.</p> <p>Friday AA 7:30 a. Sunny Side Up 12:00 p. Big Book Study 6:30 p. Delavan Discussion</p> <p>Saturday AA 7:30 a. Sunny Side Up 12:00 p. Delavan Noon Gp. 6:30 p. Delavan Beginners Gp.</p>	<p>ALANO CLUB 1521 N. Prospect Ave., Milwaukee, WI, 53202 (414) 278-9102 http://www.mkealanoclub.org/ A.A. MEETING SCHEDULE</p> <p>Sun. 7:00 a. AA Express Mtng 7:45 a. AA Big Book/Discussion 10:00 a. Gp 17 Step</p> <p>Mon. 7:00 a. Early Morning 10:30 a. Gp 72 Topic 12:15 p. Gp 76 Lunch Bunch 6:30 p. Gp 40 Big Book</p> <p>Tue. 7:00 a. As Bill Sees It, 10:30 a. Gp 70 Step 12:15 p. Gp 76 Lunch Bunch 5:45 p. Step Tue 5:45 Group 7:00 p. Beginner's Meeting</p> <p>Wed. 7:00 a. AA 10:30 a. Gp 9, Step 12:15 p. Gp 76 Lunch Bunch 6:00 p. Chicks at Six Gp, women, Child Care available 7:30 p. We Agnostics</p> <p>Thr. 7:00 a. Thr Express Mtng 10:30 a. Gp 97, Step 12:15 p. Gp 76 Lunch Bunch 7:00 p. AA (LGBT)</p> <p>Fri. 7:00 a. Daily Reflections 10:30 a. Gp 21, Step 12:15 p. Gp 76 Lunch Bunch 6:30 p. Here & Now Friendly Gp 7:30 p. Men's Zoom Mtng. 12:15 am. Second Shifters (Sat.)</p> <p>Sat. 7:00 a. AA Meeting 11:00 a. Gp 87 Step 7:30 p. Open AA Speaker</p> <p>AL-ANON MEETING Sunday 10:00 a. Al-Anon</p>	<p>H.O.W. TO CLUB 8930 W. National Ave, West Allis, (414) 543-2448 mailto:howtoclub8930@yahoo.com https://www.howtoclub.org Hours: 9am to 9pm daily.</p> <p>Sun. 8:00 a. Eye Opener AA Gp. 10:00 a. Grass Roots (Steps) 4:30 p. Drop the Rock 6/7 Step 6:00 p. Restore Us To Sanity 7:30 p. Sun. Sober & Serene</p> <p>Mon. 11:00 a. Winner's Circle 5:45 p. Gp 132, Women's Gp 7:00 p. Big Book Gp. 8:00 p. New Hope Gp. 10:30 P. What's the Point Gp.</p> <p>Tue. 11:00 a. Willingness Group 6:00 p. Tue Topic 6pm Gp 8:00 p. New Hope Meeting</p> <p>Wed. 10:00 a. Foundations Meeting 6:00 p. AA Beginners Gp. 7:00 p. Women's Freedom 8:00 p. Promises Group 10:00 P. After Hours Group</p> <p>Thr. 10:00 a. But For Grace Of God 6:00 p. Here and Now 8:00 p. How To Get It Going</p> <p>Fri. 6:00 a. Early Risers Big Book 11:00 a. Priority Group 6:00 p. Big Book Friday 8:00 p. R.U.S. For Us 11:00 p. Candlelight Promises</p> <p>Sat. 9:15 a. Men's Topic 11:00 a. Pioneers Group 3:00 p. Spiritual Growth 6:00 p. 1st & 12 Topic 8:00 p. Open Speaker 3rd Sat 8:00 p. HOW To Saturday</p>	<p>24 HOUR CLUB 153 Green Bay Rd. Thiensville, WI www.24hourclub.org A.A. MEETING SCHEDULE (V)=Virtual, (IP)=In-person, (V & IP)=Both</p> <p>Sun. 8:00 a. Topic 10:00 a. Step/Topic (V & IP) Meeting ID: 851 8190 6265 PW: District24</p> <p>Mon. 6:30 a. Topic (V & IP) Meeting ID: 851 8190 6265 PW: District24 10:00 a. Topic 8:00 p. Men's</p> <p>Tue. 6:30 a. Topic (V & IP) Meeting ID: 851 8190 6265 PW: District24 10:00 a. Step/Topic 5:30 p. Big Book</p> <p>Wed. 6:30 a. Topic (V & IP) Meeting ID: 851 8190 6265 PW: District24 10:00 a. Big Book</p> <p>Thr. 6:30 a. Topic (V & IP) Meeting ID: 851 8190 6265 PW: District24 10:00 a. Topic 5:30 p. Step/Topic/Trad</p> <p>Fri. 6:30 a. Topic (V & IP) Meeting ID: 851 8190 6265 PW: District24 10:00 a. Step/12 & 12 8:00 p. Step</p> <p>Sat. 6:30 a. Topic (V & IP) Meeting ID: 851 8190 6265 PW: District24 8:30 a. Big Book/Steps (V & IP) Meeting ID: 844 4566 9750 PW: District24 10:00 a. Big Book</p> <p>7:00 p. Open Speaker Mtng. (1st Saturday Only)</p>
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In Person AA Groups NEED YOUR SUPPORT

- **Sun. 7 p.m.** Waukesha Sunday Night Beginner's, Ascension Lutheran Church, 1415 Dopp St, Waukesha WI
- **Sun. 7 p.m.** Butler Sunday Night, St. Agnes, 12801 W Fairmount St, Butler WI.
- **Mon. 7 p.m.** Unity Gp, 4600 Pilgrim Rd, Brookfield, WI
- **Mon. 7 p.m.** Group 232, Mother of Good Counsel, 6924 W. Lisbon Ave, Milwaukee, WI 53226
- **Wed. 8:00 p.m.** Helping Hand, Nativity Lutheran Church, 6905 W Bluemound Rd, Milwaukee WI
- **Thurs. 8:00 p.m.** Grateful Gp. Chabad House, 3030 E Kenwood Blvd, Milwaukee, WI
- **Thurs. 8:30 p.m.** Gp 22, Milwaukee Chin Baptist Church, 1916 Wauwatosa Ave,
- **Fri. 9:30 p.m.** Big Book, Martin Luther Church 9235 W Bluemound Rd. Milw.
- **Sat. 8 p.m.** Gp 18, St Luke's, 3200 S Herman, Bay View, WI

MEETING ROOMS

<p>UNITY CLUB 1715 Creek Rd West Bend, (262) 338-3500 unityclub1715@att.net www.facebook.com</p> <p>AA MEETING SCHEDULE</p> <p>Sun. 10:30 a.* Gratitude Gp. 7:00 p. Candlelight Gp.</p> <p>Mon. 10:00 a. Monday A.M. 7:00 p. Men's 7:00 p. Women's</p> <p>Tue. 10:00 a. Tuesday A.M. 6:00 p. More About 12&12 7:30 p. Beginner's</p> <p>Wed. 10:00 a. Promises 1:06p. Steps/Promises 5:00 p. Happy Hour Gp</p> <p>Thr. 10:00 a. Big Book</p> <p>Fri. 10:00 a. Step/Topic Gp 6:00 p. Big Book</p> <p>Sat. 10:00 a. Here & Now 700 p. 12 Step Meeting</p> <p>AL-ANON & ALATEEN MTNGS</p> <p>Wednesday 1:00 p. Al-Anon Friday 11:00 a. Al-Anon Saturday 9:00 a. Al-Anon (Zoom only.) Mtng ID: 810 5054 8668, Pass Code: 860539</p> <ul style="list-style-type: none"> Open Mtng. 3rd Sunday of month 	<p>FRIENDSHIP CLUB 2245 W. Fond du Lac Ave Milwaukee, WI (414) 931-7033</p> <p>Email: friendshipinc@sbcglobal.net</p> <p>AA MEETING SCHEDULE</p> <p>Sunday 10:00 a. Friendship 11:00 a. Third Sunday Open Meeting</p> <p>Monday 10:30 a. Step Gp</p> <p>Tuesday 7:00 p. Gp 43 Big Book</p> <p>Saturday 10:30 a. Gp 112 Step</p> <p>Call for information on other types f meetings. Email: friendshipinc@sbcglobal.net</p>	<p>TRI-COUNTY UNITY CLUB 110 S 2nd St. Watertown WI www.tricountyunityclub.com</p> <p>Sunday 11:00 a. Big Book Study 6:30 p. New Beginners 7:00 p. Spanish Nuevo Amanecer Monday 10:00 a. Eye Opener Grp. 7:00 p. As Bill Sees It Tuesday 7:00 p. Keep It Simple 7:00 p. Spanish Nuevo Amanecer Wednesday 10:00 a. New Freedom 7:00 p. AA Grapevine Open Mtng Thursday 10:00 a. Thur.Morning 7:00 p. Spanish Nuevo Amanecer 8:00 p. Big Book Group Friday 4:30 p. Friday Happy Hour 7:00 p. Reality Check Saturday 10:00 a. Morning Group 8:00 p. Saturday Night Open Mtng</p> <p>BEAVER DAM ALANO CLUB 115 N Lincoln St. Beaver Dam WI 53916 Sun: 10:30 a.m. & 7 p.m. Mon: 8 a.m., 6 p.m. & 8 p.m. Tue: 9:30 a.m. & 7:30 p.m. Wed: 8 a.m. & 7 p.m. Thur: 9:30 a.m. & 8 p.m. Fri: 12 Noon & 6 p.m. Sat : 12 Noon & 7 p.m. Open</p>	<p>MILWAUKEE GROUP 933 E Center St, Milw WI 53212.</p> <p>A.A. MEETINGS</p> <p>Sun. 10:00 a In-person 8:30 p. In-Person</p> <p>Mon. 5:30 p. In-Person 7:00 p. In-Person 8:30 p. In-Person</p> <p>Tue. 7:00 p. In-Person 8:30 p. In-Person</p> <p>Wed. 5:30 p. Zoom https://zoom.us/j/8974697046 pw:0 7:00 p. In-Person 8:30 p. In-Person</p> <p>Thur. 7:00 p. In-Person 8:30 p. In-Person</p> <p>Fri. 7:00 p. In-Person 8:30 p. In-Person 8:30 p. In-Person</p> <p>Sat. 8:30 p. In-Person</p> <p>Milwaukee Central Office 7429 W Greenfield West Allis WI 414-771-9119</p> <p>A.A. MEETINGS</p> <p>Sun. 9:00 a. Gp 10 Sunday</p> <p>Mon. 12:15 p.</p> <p>Tue. 12:15 p.</p> <p>Wed. 12:15 p.</p> <p>Thur. 12:15 p.</p> <p>Fri. 12:15 p.</p> <p>Sat. 9:15 a. 1st Step 10:30 a.</p> <p>We do not meet on major holidays.</p>	<p>LIGHTHOUSE ON DEWEY 1220 Dewey Ave. Wauwatosa WI</p> <p>AA MEETINGS</p> <p>Sunday 6:00 p. Jim's First Step 7:30 p. Gp 78 Great Room</p> <p>Monday 7:30 p. Laughs/Leisure</p> <p>Tuesday 6:00 p. 11th Step Meditation 7:30 p. Professionals</p> <p>Wednesday 7:30 p. Presidents Hall 8:00 p. "RES-IPSA"</p> <p>Thursday 7:30 p. Alumni No 12 Friday 7:15 p. Gp 74 Saturday 10:00 a. Gp 59</p> <p>All Saint's Cathedral 818 E Juneau Ave. Milw 53202</p> <p>Sun: 7:00 p.m. Bench Meeting Mon: 7:30 p.m. #08 Sane & Sober Tue: 10:30 a.m. Men's Gp. Wed: 7:30 p.m. Men's Gp. Fri: 7:30 p.m. Big Book Gp. Sat: 10:30 a.m. Men's Gp.</p>
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JOIN the BIRTHDAY CLUB!

We celebrate birthdays, and we'd like to help you celebrate yours! Send us a contribution of **\$1 for each year of Sobriety**- or more if you choose- and we'll print your birthday in the Between-Us Newsletter. Include your Home Group, and we'll print that also!

Requests should be in by the 24th of the month prior to your sobriety date. Late arrivals will appear the following month.

Just fill in the form below and mail, with your contribution, to:

Payable to: "Greater Milwaukee Central Office"
Memo: Birthday Club
7429 W Greenfield Ave
West Allis WI 53214



Payment/Contribution: using [VENMO](#) or from our website, using [Credit Card](#) or [PayPal](#).

\$ _____ enclosed.

I will have _____ years on _____ / _____ / _____

Name _____

Address _____

City _____ State _____ Zip _____

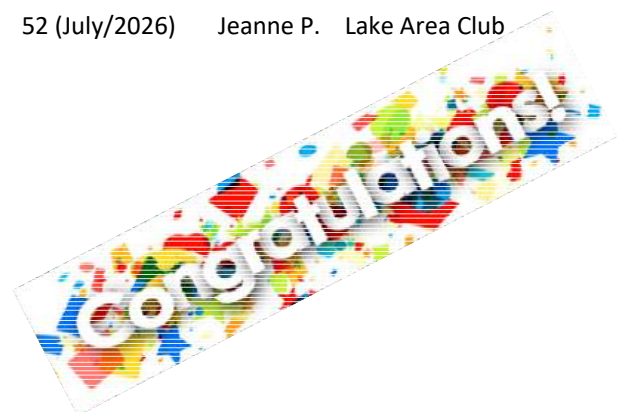
Phone: () _____ - _____

Email: _____

Home Group: _____



<u>Years</u>	<u>Name</u>	<u>Home Group</u>
01 (5/25/2025)	Rhea K.	
42 (7/16/1984)	Dan B.	
12 (7/15/2014)	Michael F.	A Vision for You, Friday
39 (7/13/1987)	Jackie J.	Grafton
54 (7/26/1972)	Dennis O	Group 51, Sicker Than Most
52 (July/2026)	Jeanne P.	Lake Area Club



Support needed for the Helping Hand Gp.

Nativity Lutheran Church

[6905 W Bluemound Rd.](#)

[Wauwatosa, WI.](#) [Click for map.](#)

Wednesday Night at 8:00 PM



NEW WOMEN'S AA MEETING

GIRLS JUST WANNA HAVE FUN

Starts **Wednesday** December 4th

6:30 PM

Mt Olive Lutheran Church

211 Main St. Mukwonago

Enter through the South door from the parking lot



Financial News: Please remember our tradition of self-support. If you wish to contribute to the Central Office, you can now use [Venmo](#) from your smartphone.

[@MilwaukeeCentralOffice-AA](#)

...0785 are the last four digits of the phone number associated with the Venmo account. (You may be asked for these numbers)

If you don't use Venmo or PayPal, you can always come visit us at the Central Office or mail a check.

Use QR Code
To Contribute
Using
VENMO



NEW MEETING ANNOUNCEMENT

The Next Frontier: Emotional Sobriety

After we quit drinking, we face various challenges inherent in living sober. Bill Wilson identified that "dependency" was an impediment to our emotional sobriety and maturity. He realized that emotional dependency on people, places and things was the source of his emotional and mental distress, in fact he identified this as his basic flaw. This new meeting focuses on discussing issues relating to our emotional sobriety. We come together to explore ways we can overcome our emotional dependency and the unreasonable expectations and unenforceable rules that our dependency generates. *Are you ready for the next frontier?*

Join us Thursday nights for a closed discussion meeting on emotional sobriety.

When: Thursdays @ 7pm

Where [St. John's Lutheran Church, 20275 Davidson Rd. Brookfield](#)

GREATER MILWAUKEE CENTRAL OFFICE
PRESENTS

FALL FLING

DINNER AND OPEN SPEAKER MEETING

SATURDAY, SEPTEMBER 26, 2026

HOSPITALITY: 5:00 PM, DINNER: 6:15 PM

AA SPEAKER: LUCAS P. (BADGER GROUP)

AT 7:30 PM

MILWAUKEE ELK'S LODGE #46

5555 W. GOOD HOPE RD, MILWAUKEE, 53222

SEATING IS LIMITED: **\$35.00 PER PERSON**

Proceeds to support Milwaukee Central Office.

Tables of 8. If you want to sit together, get your tickets together.

Tickets by mail, \$35.00 each. Include a self addressed stamped envelope.

Greater Milwaukee Central Office

7429 W. Greenfield Ave., West Allis, WI 53214, 414-771-9119

Call or email for more information: gmco@aamilwaukee.com

Pay by check or credit card, Visa/MasterCard/Discover, include all necessary information.

Card Number _____ Expiration Date ____ / ____

Name _____ Phone _____ CVC# _____

Address _____ Zip Code _____

E-mail Address: _____

Number of tickets ____ X \$35.00 = \$ _____

Tax deductible donation to
Greater Milwaukee Central Office + \$ _____

Check or Credit Card **Total** = \$ _____

Cut-off date for tickets Monday September 21, 2026

Buffet menu, with all kinds of stuff on it.

Tables of 8. If you want to sit together, get your tickets together.

